

# Youth Volunteer Opportunities



## Where we need help

Buy-it-Forward, or BIF, is one of the easiest ways our community can help with keeping our Market stocked at Tri-Lakes Cares! The program runs the first of each month at King Soopers in Monument.

## What does that look like

Food items we need for our Market are packed in brown bags by our youth volunteers on the first Friday of each month, then set out front of King Soopers on a table for community members to pick up and purchase. Each bag ranges around \$10 per bag. Bags are scanned at the register when the customer checks out and then set aside for TLC volunteers to come pick-up the following Monday. It's that easy!

## Where you can serve

- Filling brown bag orders for the BIF program on Friday after school at King Soopers
- Staging the TLC table at King Soopers (2-hour shifts available on Saturday & Sunday)
- Replenishing the bags on the table and serving as a welcoming representative of TLC

Volunteer hours on Friday, Saturday and Sunday will amount to about 4-5 hours total. All youth under the age of 18 will need to have a parent or guardian working alongside them.



## Interested?

Contact Nichole Pettigrew at 719-370-1320 or via email at [NicholeP@Tri-LakesCares.org](mailto:NicholeP@Tri-LakesCares.org) to select a time shift for this event. We look forward to serving alongside you! Thanks for your interest in TLC!



BUY-IT-FORWARD

*One small act of kindness  
can do so much...*



September 31 3:30-5 p.m. (Packing bags/Staging the table)

October 1 & 2 10 a.m.-Noon, Noon-2 p.m., 2-4 p.m. (Working the table)