Nora is a St. Louis native, but proud to be back in Colorado for the second time. She joined the staff of Tri-Lakes Cares in June 2020 as Administrative Assistant. Nora graduated with a Bachelor of Journalism degree from the University of Missouri-Columbia. She is a proud Air Force spouse and mom of two incredible boys.

As her family has moved around the country with the military, Nora has balanced time over the years as a stay-at-home mom, newspaper reporter, communications coordinator, and substitute teacher. When she is not at work or racing kids to various activities, her hobbies include traveling, crafting, reading, and spending time with family and friends. She is thrilled to have a small role in the powerful impact that Tri-Lakes Cares has on the surrounding community.