



Happy to return to Colorado for the second time, **Nora** is pleased to join the staff of Tri-Lakes Cares and deepen her roots in the Monument. She has a Bachelor of Journalism degree from the University of Missouri-Columbia. As her family has moved around the country with the military, Nora has balanced time over the years as a stay-at-home mom, newspaper reporter, communications coordinator, and substitute teacher.

Originally from St. Louis, she is a proud Air Force spouse and mom of two incredible boys. When she is not at work or racing kids to various activities, her hobbies include traveling, crafting, reading, taking spin classes, and spending time with family and friends. She is thrilled to have a small role in the powerful impact that Tri-Lakes Cares has on the surrounding community.