

TLC Grocery Request Form

Please complete the information in the CLIENT section below AND select your food preferences from the options on the other side of this form. TLC is committed to respecting client choice. However, we may not be able to accommodate all food preferences and special requests.
Please contact your Case Manager or call 719-481-4864 with questions.

CLIENT

Date: _____

First Name: _____ Last Name: _____

Preferred Contact Information - Phone: _____

Email: _____

- I am a current TLC client and I would like to submit a grocery request. I have a TLC client services card.
- I am not a current TLC client but I would like to enroll in ongoing services at TLC and submit a grocery request.
- I am not a current TLC client but I would like to submit a one-time emergency grocery request.

If TLC Client: Household ID _____ # in Household _____

If D38/D20 Family: # of youth _____ D38/D20 school(s): _____

Dietary Restrictions: *(It is each client's responsibility to double check that all groceries meet their dietary restrictions)*

I agree to accept these food/sundries for my personal use. I will not sell the food/sundries received from Tri-Lakes Cares.

ADMINISTRATIVE ONLY

Date of Distribution: _____ Time: _____

EED: _____

Ages of youth: _____

Supplemental Groceries **Primary** **Secondary**

COVID-19

Relief: _____ lbs

Emergency: _____ lbs

Emergency-Traveling Food: _____ lbs

GC: YES NO Type: _____

Notes:

Submission Type:

- Online
- Lockbox
- Email
- Phone
- Other: _____

Paperwork:

- Client to Return
- Client to Pick up
- Other: _____

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HELP YOURSELF MARKET: Please **CIRCLE** your preferred categories for a selection of fresh items from our market. These items change daily and we cannot guarantee availability. Unfortunately, we cannot provide customization within these categories.

PRODUCE

You will receive a variety of lettuce, potatoes, onions, apples, bananas, and other fresh fruit and vegetables.

REFRIGERATED FOODS

You will receive a variety of pre-made sandwiches, deli trays, and ready-made dishes.

PASTRIES

You will receive a variety of cookies, brownies, cakes, pastries, pies, and other sweets.

DAIRY

You will receive a variety of yogurt, cheese, eggs, flavored milks, and cream.

FROZEN FOODS

You will receive a variety of microwaveable meals, pre-cooked meats, meal kits, and desserts.

BREADS

You will receive a variety of sliced bread, bagels, tortillas, baguettes, and dinner rolls.

PANTRY: Please **CIRCLE** your preferred items from our pantry. Some items may not be available.

YOUTH

GRAB-AND-GO
SNACK PACKS

FRUITS (CANNED)

APPLESAUCE
PEACHES
PINEAPPLE
PEARS

VEGETABLES (CANNED)

CORN
GREEN BEANS
PEAS
TOMATOES

GRAINS

CEREAL
OATMEAL
WHITE RICE
PASTA

PROTEIN

PEANUT BUTTER
CANNED CHICKEN
CANNED TUNA
BEANS
CHILI

MEAL MAKERS

CREAM of MUSHROOM
BEEF STEW
VEGETABLE BROTH
CHICKEN BROTH
BEEF BROTH
CHICKEN NOODLE SOUP
TOMATO SOUP
SPAGHETTI SAUCE

OTHER

FLOUR
VEGETABLE OIL
SUGAR
COFFEE – GROUND
COFFEE-WHOLE BEAN
TEA
HOT COCOA
JUICE
BOTTLED WATER

PET FOOD

DOG FOOD
CAT FOOD

FROZEN MEAT

BEEF
CHICKEN
PORK

DAIRY

MILK
BUTTER

PERSONAL HYGIENE PRODUCTS

DEODORANT- M / F
RAZORS - M / F
TOOTHPASTE
TOOTHBRUSH

SHAMPOO

CONDITIONER

BAR SOAP

BODY WASH

INCONTINENCE WEAR-M / F Size _____

FEMININE HYGIENE PRODUCTS

TAMPONS

PADS

BABY PRODUCTS

BABY DIAPERS/PULLUPS Size _____

BABY WIPES

HOUSEHOLD PRODUCTS

LAUNDRY DETERGENT

LIQUID DISH SOAP

MULTI-PURPOSE CLEANER

ALUMINUM FOIL

TRASH BAGS

PLASTIC STORAGE BAGS

TOILET PAPER

PAPER TOWELS

OTHER REQUEST:

SENIOR (60+) SPECIALTY

DENTURE CREAM

BOOST OR SIMILAR